The role of Osteopathy in the treatment of musculoskeletal dysfunction in animals Julia Brooks MSc DO Ist International Congress in Animal Practice Rome 28th-29th September 2012 Debaerdemaecker, G (1985) British Small Animal Veterinary Association conference, Brighton

» Profile »Clinical Presentation »Treatment

Profile

– Labradors	15 %
– GSD	10 %
– Terriers	10 %
– Dachshunds	10 %
– Spaniel	6%
– Bernese	5%
– Doberman	4%
– Collie	4%
– Basset	4%
– Retriever	4%
– Other	28%

-2 peaks in age at presentation

5 to 7 years 12+ years

British Small Animal Veterinary Association Annual Congress Brighton 1985

Clinical Presentation

-General stiffness -Shifting lameness -Spinal pain -Problems secondary to orthopaedic / neurological conditions

BSAVA Annual Congress Brighton 1985

Management of Referred Cases



Retrospective Study 127 horses at Avonvale Veterinary Centre

- Profile:
 - High performance gelding, 7 to 10 years of age
- Clinical Presentation
 - Longstanding stiffness, lameness and back pain
- Treatment
 - -1 to 3 treatments
 - 75% overall improvement, rising to 82% in high performance horses.

Pusey A., Colles C., Brooks J. : Osteopathic treatment of horses - A retrospective study *British Osteopathic Journal* 1995; *Vol XV1*:30-32

Conclusion

- Osteopathic treatment is associated with improvement in horses with nonpathological musculoskeletal dysfunction
- Future work using objective markers for neuromusculoskeletal dysfunction to :
 - aid diagnosis
 - facilitate prognosis
 - demonstrate change following treatment







Long term effects of injury

 Genetic changes in neurone after 45 minutes of stimulation



- Threshold changes
- Wind up



Old injuries

TIMO



Response to injury





Alterations in muscle tone



Pusey, A., Colles, C., Brooks J. (1995) Osteopathic treatment of horses - A retrospective study *British Osteopathic Journal* Vol XV1:30-32

Motor changes

- An assessment of equine spinal movement
 - Controls: 13% difference in area between ventroflexion and dorsiflexion
 - Clinical cases: No significant difference
 between ventroflexion and dorsiflexion

Dr Mark Bancroft Livingstone (2001)

Motor changes Pilot Study: Equine stride length study

- 6 clinical cases : 10 controls

<u>At presentation</u>

- Clinical group showed 17%
 reduction in stride length
 (11cm) when compared with
 controls
- Follow up
- Control: no change in stride length
- Study group: Significant increase in stride length (12cm)



Mike Woodleigh 4th International Conference on Advances in Osteopathic Research (ICOR), London 2003

Response to injury





Autonomic changes

Infrared Thermography



- Previous studies show
 - Established normal pattern
 - Individual patterns consistent



Normal Thermograph

- Regional variation $\pm 0.5^{\circ}$ C
 - warm areas
 - shoulder (shoulder muscles)
 - hind quarters (gluteal muscles)
 - dorsal stripe(erector spinae)
- Dysfunction _____
 - regional variation of $>1^{\circ}C$







Effect of Nociception on Thermographic Patterns

- Sympathetic nervous system
 - -a. Acute
 - Brain stem mediated
 - Generalised shut down (2 weeks)
 - Cooling (4⁰C)
 - -b. Chronic
 - segmental (persistent)
 - decrease heat emission (segmental)





Anatomical Regions





Infrared Scans - gluteal region







Study Sequence



Statistical Analysis



Pre and post treatment comparisons

- Pre treatment scan
 - Loss of dorsal stripe (erector spinae)
 - Low temperatures over the gluteal muscles
- Post treatment scan
 - Dorsal stripe re-established
 - Significant increase in gluteal temperatures.
 - J. Brooks 4th international conference on advances in osteopathic research. London 2003





Summary

Clinical cases

- reduced temperature in gluteal region
- reduced temperature in mid gluteal dorsal stripe

Post treatment change

- Significant increase in gluteal temperatures (0.9°C)(p<0.001)
- Significant increase in midgluteal dorsal stripe (1°C) (p<0.001)

Modification of pain pathways















